

# SCHEDULE

## Friday

6:00 - 7:30 pm: Introduction & presentation on attunement

7:30 - 8:30 pm: Couple Exercise - Bonding & Being Known

## Saturday

9:00 - 10:00 am: Presenting Atonement

10:00 - 11:30 am: Couple Exercise - Acknowledgment, Ownership, & Apology

11:30 am - 12:30 pm: Presenting Attachment

12:30 - 2:00 pm: Couple Exercise - Creating Intentional Connections

2:00 - 3:00 pm: Wrap up

During the couple exercises, you are encouraged to go for a walk, go to a coffee shop or restaurant to talk, or find a quiet corner at the meeting site.

## LIVING LOVED: UTILIZING GOD'S DESIGN FOR CONNECTION



## WELS Marriage Enrichment Retreat

April 5 & 6, 2019

Red Wing, MN

## QUICK INFO

**WHAT:** Marriage Retreat

**WHO:** Married couples

**WHEN:** April 5 & 6

Friday 6:00 - 8:30 pm

Saturday 9:00 am - 3:00 pm

**WHERE:** Red Wing Ignite

419 Bush Street

**COST:** \$50 per couple

Snacks included (meals on your own).

For more information visit:

[www.stjohnsredwing.org](http://www.stjohnsredwing.org)



## LOCATION

Red Wing Ignite

419 Bush Street

Red Wing, MN

Ignite is within walking distance of various restaurants and coffee shops downtown.

## FAQ

*Do you need to be WELS?*

No. Invite your friends and family who want to pursue a biblical marriage.

*Do I have to talk?*

Only to your spouse.

*Is this for troubled marriages?*

No. This is routine maintenance for enrichment for a healthier and stronger marriage.

*Who are the presenters?*

Josh and Kami Jo Lipps are a WELS married couple with children who run their own Christ-centered counseling clinic in LaCrosse, WI. Learn more about them at: [www.livingwellcfc.com](http://www.livingwellcfc.com)

## REGISTRATION

- Register by March 15, 2019 - Please include your email address so we can keep you updated
- Cost is \$50 per couple - Snacks included (meals on your own)
- Mail checks payable to *St. John's Church* to: St. John's Lutheran Church, 421 East Ave, Red Wing, MN 55066

## QUESTIONS?

Contact organizers

**Janet Gehlhar** at 715-792-5397 or [jgehlhar@bevcomm.net](mailto:jgehlhar@bevcomm.net) or

**Julie Birk-Betcher** at 651-388-8143 or [betchermj@msn.com](mailto:betchermj@msn.com)